Helsinki, Finland

Higher Education Systems in Europe and abroad

Helsinki

- Scandinavia
- Next to Russia
- A lot of russian influence
- Finland: about 5.200.000 inhabitants
 - Most of them in Helsinki Metropolian area
 - Helsinki alone: about 620.000 inhabitants

Helsinki Yliopisto (University of Helsinki)

- Multiple campus, in the city center, and outside
- About 38.000 Students
- A lot of different student activites
 - Gym (Unisport)
 - Good Canteen (Unicafé)

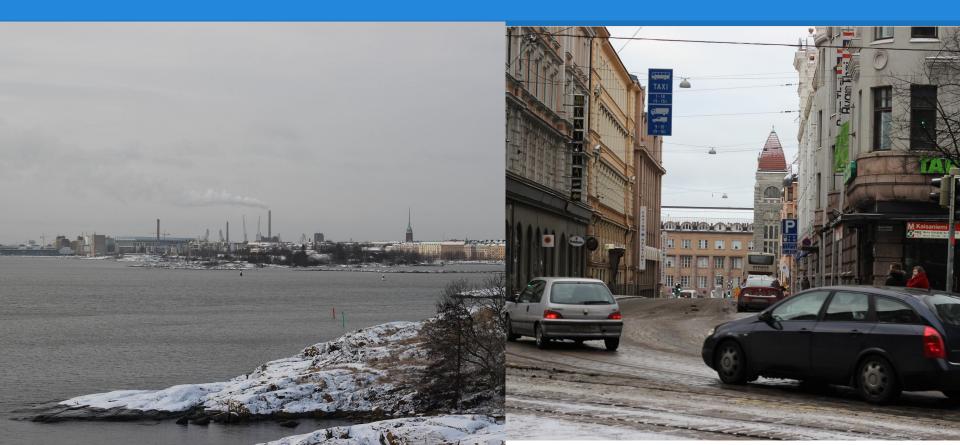
Helsinki

- Cluture
- Political Center of Finland
- Huge population (in Helsink metropolian area)
- Clean city, less pollution

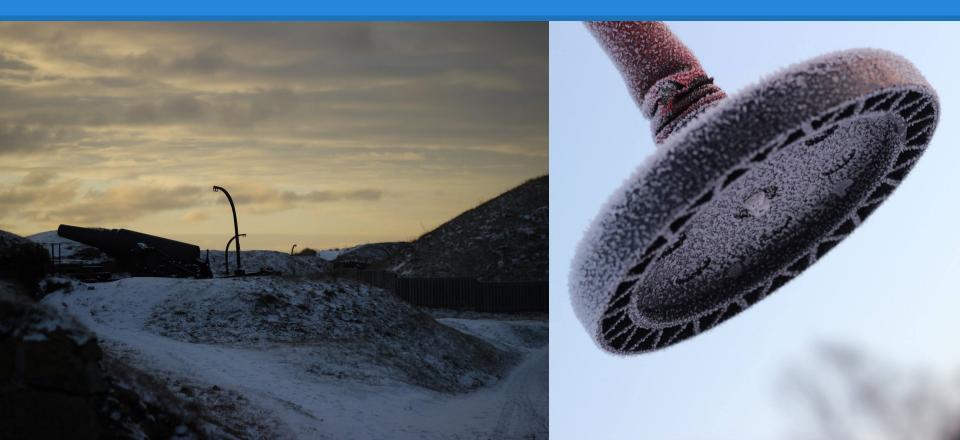
Winter in Helsinki

- Long winter
- Cold, windy
- -17°C + Strong breeze... brrr...
- Dark
 - \circ $\,$ Just a few hours of sun each day $\,$

Winter in Helsinki - Impressions #1



Winter in Helsinki - Impressions #2



Unicafé - Food

- Food for student is substitized for canteens
 - Relatively good food
 - Great variety
 - Salad buffet
 - Traditional finnish buffets
 - For students: about 2,60€ each meal
 - Also 1 canteen right in the center of Helsinki
 - You can also eat in student canteens in differnt cities for the same price

Unisport - Gym for Students

• Gym only for students

- Substidiesed, afaik it was 100€ for a year
- Weight training, courses
- Several gyms through the city
 - => You can use all of them

Vuolokiventie - Student Housing

- Completely renovated
- Mostly for Erasmus Students from University of Helsinki
 - about 550€ / Month
 - 30 Minutes away from city center
 - 20 Minutes away from university

Cost of Living - First impressions

- Helsinki is really expensive
 - Kebap 7,50€
 - Pizza (not in a restaurant),
 also 7,50€ (see picture)
- Night Club
 - 10€ to 15€
 - Drinks extremely expensive
 - I stopped drinking in Helsinki



Cost of Living - Online Shopping?

- Online Shopping seems to be not (yet) as common as back home
- Amazon.co.uk used to offer free shipping to Finland, but eventually stopped
 - Maybe because I took too advantage of it? :P

Cost of Living - Let's have some data!

- Costs compared to Munich:
 - Consumer prices: 11% higher
 - Purchasing power: 8% lower
 - Rent prices: About the same
 - Grocerie prices 23% higher

Source: numbeo.com, then enter: Munich <-> Helsinki

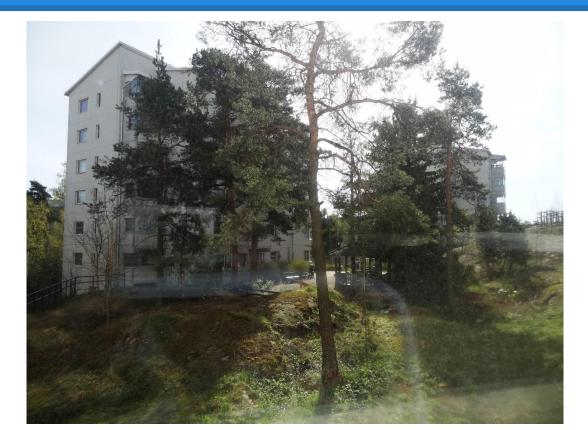
Alcohol

- Really expensive
 - \circ 1€ for a can of beer in the supermarket
- People travel with the ferry accross the bay to Talinn to buy cheap alcohol from there

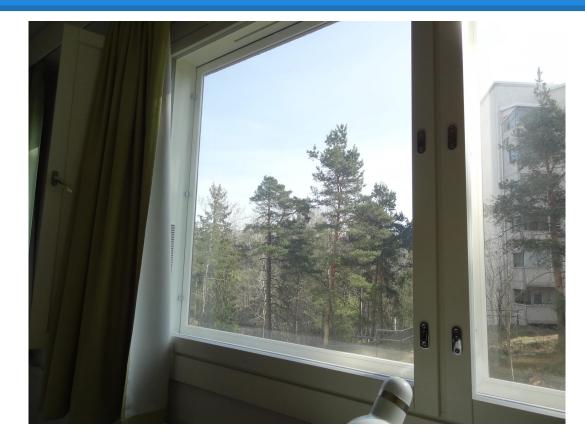
Vuolokiventie - Student Housing - Impressions #1



Vuolokiventie - Student Housing - Impressions #2



Vuolokiventie - Student Housing - Impressions #3



Exchange Student Life

- Most of the Exchange Studends stayed only 3 Months
 - \circ A lot of Parties
 - Emails from Student Housing complaing about "loud noise", "cleaning up kitchen"…

Finish People

- Relatively shy, talk a bit less than here
- Mostly all speak English at least fluent
- Wonder why I chose Finland to go to
- Are quite open to foreigners
- A lot of them love Icehockey

Thanks!